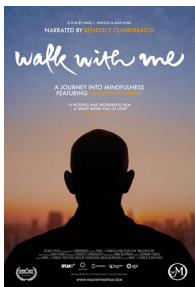




SAVE THE DATES!

MIND-BODY-SPIRIT PROGRAM SERIES

**Presented in conjunction with our Fall exhibition
YOGA: THE SECRET OF LIFE**



Friday, October 27 - 7 PM

WALK WITH ME

Member Reception - Guided Meditation - Film - Panel Discussion

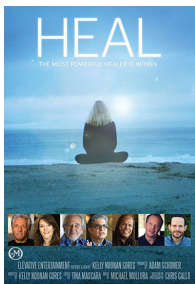
Led by Dr. Beth Gershuny & Practitioners from Izlind Wellness Center, Rhinebeck



Sunday, November 12 - 3 PM

YOGA: The Secret of Life - Panel Discussion

Francesco Mastalia with Subjects from the Exhibit & Book



Friday, November 17 - 7 PM

HEAL

Guided Meditation - Film - Panel Discussion

Led by Dr. Beth Gershuny & Practitioners from Izlind Wellness Center, Rhinebeck



Sunday, January 14 - 1 PM

YOGA: The Secret of Life - The Photographic Process - Lecture

Francesco Mastalia